



The Advanced Placement Seminar course, the first part of the AP Capstone diploma program, is a foundational course that will engage you in cross-curricular conversations that explore the complexities of academic and real-worlds topics by analyzing divergent perspectives. You will be expected to do the following:

- read and analyze articles, research studies, and foundational literary texts
- listen to and view speeches, broadcasts, personal accounts, artistic works and performances
- synthesize information from multiple sources
- develop your own perspective in research-based written essays
- design and deliver oral and visual presentations, both individually and as part of a team

To be successful in this class, you must have a strong work ethic and be able to meet deadlines and work with a team. Daily **ATTENDANCE** is absolutely **CRITICAL** to your success in this class; if you have a poor attendance record, you should reconsider your application to the Capstone program.

Name: _____ Grade Level for 26-27 _____

Your current 1st period teacher: _____ Your current 2nd period teacher: _____

Write an Essay

As part of your Capstone application, please type your answer to the following question and attach it to this application:

In 300 words, introduce yourself and give specific examples that demonstrate your work ethic, your ability to meet deadlines, and your experience working as part of a team.

Rate yourself:

	5 high	4	3	2	1	0 low
Ability to meet deadlines						
Experience working as part of a group						
Comfort level when speaking in front of a group						
Daily attendance						
Writing strength						

Parent Permission

Parent name: _____

Parent signature: _____

Parent email: _____

PLEASE NOTE: "As the AP Program engages students in college-level work, the AP Seminar course may include perspectives that could be considered controversial, including references to ethnicity, nationality, religion, politics, race, dialect, sexuality, gender, or class. AP Seminar requires students to have the level of maturity and skill to thoughtfully consider and analyze diverse perspectives. The inclusion of topics, readings, texts, and other source material is not intended as an endorsement by College Board of the content, ideas, or values expressed in the material." [AP Capstone Seminar Course and Exam Description, The College Board, Fall 2023, p. 28]

*A hard copy of your application and essay is due to Mrs. Seletos in room 724
by **THURSDAY, FEBRUARY 5, 2026, no later than 12:00 p.m.**
(do NOT turn in this application with your course card)



APPLICANT: Please give this recommendation request letter to a teacher of your choice.

Dear Teacher:

This student has requested to be considered for admittance into the Advanced Placement Capstone diploma program. The foundational course in the program is AP Seminar, where students learn the skills necessary to write logical, supported arguments and to present their research findings to a panel of judges. The second course is AP Research, where students will spend the year engaged in scholarly inquiry into a topic of their choice and conduct original research; they also will present their findings.

Success in this program depends on careful consideration of student aptitude. Please consider the following traits when giving your recommendation:

1. Does the student have excellent attendance? This is necessary for the group project component of the Seminar class.
2. Does the student display a strong work ethic? Meeting deadlines is critical, since many of them are set by the College Board and cannot be changed.
3. Is the student academically strong? The suggested GPA is at least a 3.0.

* *The Seminar class is recommended for rising juniors. However, select rising sophomores are eligible if you feel they have the above characteristics, in addition to the maturity required of a research program.*

Thank you for your honest feedback and be assured that your recommendation will NOT be shared with the student. Please return your recommendation **no later than Thursday, February 5, by the end of the school day**; you can get it to me in one of two ways:

1. Fill out this hard copy and return it to my mailbox
2. Email your recommendation to me with the requested information

Thanks so much for your support of the AP Capstone diploma program!

Beth Seletos
AP Capstone Seminar

Teacher Recommendation:

Student Name: _____ Teacher Name: _____

Given the considerations listed above, do you think this student would be a good fit for the AP Capstone program? Please explain.
